ABSTRACT OF THE DISCLOSURE

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A dental appliance having increased or decreased thickness between an upper shell and a lower shell in combination with a hinging mechanism and a system and a method for treating malocclusions are provided. The dental appliance may have an upper shell and a lower shell which receive upper teeth and lower teeth, respectively, of a The upper shell and the lower shell may be attached The dental appliance may have an increased at a hinge. thickness between the upper shell and the lower shell as well as an increased thickness of the hinge. embodiment, the dental appliance may have a decreased vertical thickness and an insertable hinging mechanism. dental appliance may then extend treatment of malocclusions to the rear teeth of the user and may correct a dental condition, such as, for example, overbite, overjet, open bite, crowding, rotations, spacing, crossbites, gummy smiles and temporomandibular joint problems.